

## MHP Transformation Challenge: Week 6 Progress Pics

Contributed by Dave Palumbo  
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MHP's TEAM MD TRANSFORMATION CHALLENGE is now in its 6th week. Our dedicated band of athletes have endured the same rigorous conditions that any pre-contest bodybuilder would submit themselves to and every single one of them has maintained their drive and desire. With the help of Mr G for motivation, myself for nutrition advice, and Gerard Dente of MHP for supplement advice, our MINI MUSCLE MOB is on their way to the body they always dreamed of.

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