

MHP Transformation Challenge: Week 9 Progress Pics

Contributed by Dave Palumbo
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MHP's TEAM MD TRANSFORMATION CHALLENGE is now in its 9th week. Our athletes have experienced some setbacks: Emotional, Physical, and in some cases, Family-Related. The importance is that they have stuck together and have endured throughout all the hardships and have made it past the halfway point of this very personal challenge.

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WEEK #1

WEEK #9

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