

MHP Transformation Challenge: Week 13 Progress Pics

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MHP's TEAM MD TRANSFORMATION CHALLENGE is now in its 13th week. With 3 weeks to go, all our athletes have gone through the trials and tribulations of a contest diet that through willpower and mental fortitude has been integrated into their every day lives. All of our athletes have experienced tremendous success on this program.

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WEEK #1

WEEK #9

