

# MHP Transformation Challenge

Contributed by MHP  
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The 2nd MHP Team MD Transformation Challenge is set to begin on December 1, 2007. The 16-week challenge will run from December 2007 to March 2008. Due to the huge success of the 1st Transformation Challenge, this year's event will be divided into two separate challenges:

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(1)  
INSPIRATIONAL CHALLENGE:

4 participants who've been down on their luck and are now looking to transform their lives will be chosen from a list of applicants who'll submit their "stories" on the MD Message Board: Inspirational Transformation Challenge Thread. Feel free to enter!

(2)  
"GIVE ME MUSLCE OR GIVE ME DEATH" CHALLENGE:

4 participants who are hardcore bodybuilders and just looking for the right combination of top notch guidance (Dave Palumbo, Victor Martinez, and Mr.

G) and hardcore, cutting edge,

supplements (MHP Nutrition) will be chosen based on the "stories" they submit to the MD

Message Board: Give Me Muscle or Give me Death Challenge. Submit your stories now!

All chosen participants will be given a free 16-week supply of MHP products, free training, nutrition, and spiritual guidance from Dave, Mr. G, and Victor Martinez; and free MHP and MD clothing to wear. We're looking for people who are genuinely interested in changing their bodies and their outlook on life. Don't wait; post those stories!!